

Teacher(s)		Subject group and discipline	Swimming / problem solving		
Unit title	Swimming / Problem solving	MYP year	1	Unit duration (hrs)	12-16

Inquiry: Establishing the purpose of the unit

Key concept	Related concept(s)	Global context
Communication	Perspectives and adaptation	Identities and relationships
Statement of inquiry		
Positive communication enables us to understand alternative perspectives and to use these to adapt our behaviour which strengthens relationships and leads to greater success.		
Inquiry questions		
<p>Factual— What are the different forms of communication? What are the different types of swimming strokes?</p> <p>Conceptual— What is the value in utilising different types of communication?</p> <p>Debatable— What makes an effective system of communication when seeking to solve problems?</p>		
Objectives	Summative assessment	
A – Knowing and understanding	Outline of summative assessment task(s) including assessment criteria:	Relationship between summative assessment task(s) and statement of inquiry:

<p>ii) identify physical and health education knowledge to describe issues and solve problems set in familiar and unfamiliar situations.</p> <p>iii) apply physical and health terminology to communicate understanding</p> <p>D – Reflecting and improving performance</p> <p>i) identify and demonstrate strategies to enhance interpersonal skills.</p> <p>ii) identify goals and apply strategies to enhance performance.</p> <p>iii) describe and summarise performance</p>	<p>Goal – to provide sport specific swimming coaching to an individual in order to improve their understanding or swimming / their swimming technique.</p> <p>Role – You are a swimming instructor in your local swimming pool (IVC sports centre).</p> <p>Audience – A peer / peers in the group.</p> <p>Situation – One of the swimmers who you are instructing wants to improve their swim stroke so they can have a chance of winning gold in the national championships next month.</p> <p>Purpose – You will observe the individual’s swimming technique. You have to respond to the individual’s needs and justify your advice to fit the situation.</p> <p>Standards and set criteria – Your work will be judged on how well you show your knowledge and understanding (Criterion Ai Aiii) and how well you assess and plan on improving this individual’s performance (Criterion Di Dii Diii)</p>	<p>Students will communicate sport specific feedback to an individual to give an alternative perspective to encourage the adaptation of their swimming technique and develop relationships</p>
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Approaches to learning (ATL)

Social, communication and research skills.

Thinking skills; Communication

In order for students to apply coaching skills to help their partner improve

Category: Communication / Social

Cluster: Communication / Collaboration

In order for students to effectively use their knowledge of swimming strokes to give feedback.

Category: Self-management

Cluster: Affective