Teacher(s)		Subject group and discipline	Swimming / alternative games		
Unit title	Participation in coaching and alternative games	MYP year	2	Unit duration (hrs)	12-16

Inquiry: Establishing the purpose of the unit

Key concept	Related concept(s)	Global context
Relationships	Perspectives and adaptation	Identities and relationships

Statement of inquiry

Coaching needs co-operation between different perspectives to improve performance

Inquiry questions

Factual—

What are the different types of swimming strokes?

What are the different rules associated with different inclusive sports?

Conceptual—

How do we perform each swimming stroke?

How do we utilise tactics to perform in different inclusive sports?

Debatable—

How do we coach effectively?

Objectives

Middle Years Programme Unit planner

A - Knowing and understanding

i. explain physical and health education factual, procedural and conceptual knowledge

ii. apply physical and health education knowledge to analyse issues and solve problems set in familiar and unfamiliar situations

iii. apply physical and health terminology effectively to communicate understanding.

D - Reflecting and improving performance

i. explain and demonstrate strategies to enhance interpersonal skills

ii. analyse and evaluate the effectiveness of a plan based on the outcome

iii. analyse and evaluate performance.

Outline of summative assessment task(s) including assessment criteria:

Goal – to provide sport specific swimming coaching to an individual in order to improve their understanding of swimming / their swimming technique.

Role – You are a swimming instructor in your local swimming pool (IVC sports centre).

Audience – A peer / peers in the group.

Situation – One of the swimmers who you are instructing wants to improve their swim stroke so they can have a chance of winning gold in the national championships next month.

Purpose – You will observe the individual's swimming technique. You have to respond to the individual's needs and justify your advice to fit the situation.

Standards and set criteria – You will be assessed in all strands of criterion A (knowing and understanding) and criterion D (reflecting and improving).

Relationship between summative assessment task(s) and statement of inquiry:

Through regular feedback with a partner, students will develop a good level of cooperation in order to give meaningful and targeted feedback on performance.

Approaches to learning (ATL)

In order for students to give and receive meaningful feedback as a coach/performer they will need to communicate clearly with a partner. This will be explicitly taught and practiced through teacher modelling of feeding back to students ways of improving their stroke, as well as consistent peer feedback throughout the unit.

Middle Years Programme Unit planner