

Teacher(s)		Subject discipline	group	and	
Unit title	Summer Events	MYP year	3	Unit duration (hrs)	12

Inquiry: Establishing the purpose of the unit

Key concept	Related concept(s)	Global context
Change	Refinement and Movement	Identities and relationships (motivation and independence)

Statement of inquiry
People gain motivation and independence by changing and refining their movement to maximise performance.

Inquiry questions
<p>Factual—</p> <p>What are some of the key techniques associated with each event?</p> <p>What components of fitness do I need in order to maximise performance in each event?</p> <p>What are some common themes between the events I can use to aid my reflection?</p> <p>Conceptual—</p> <p>How can I improve my performance in this event?</p> <p>How can I develop a more sustained approach to my performance?</p> <p>How can I further ensure my reflection can improve my performance in each event?</p> <p>Why is it important to analyse every aspect of my performance in each event?</p> <p>Debatable—</p> <p>Why are the skills being used in these events/lessons beneficial to our future contributions to society?</p> <p>Through the completion of these events, should the aspect of muscular Christianity be focused on to develop performance?</p> <p>Is the most beneficial feedback internal or external when we are reflecting on our performance?</p>

Objectives	Summative assessment	
<p>C- Applying and performing</p> <p>i. demonstrate and apply a range of skills and techniques effectively</p> <p>ii. demonstrate and apply a range of strategies and movement concepts effectively</p> <p>iii. analyse and apply information to perform effectively.</p> <p>D- Reflecting and improving performance</p> <p>i. explain and demonstrate strategies to enhance interpersonal skills</p> <p>ii. analyse and evaluate the effectiveness of a plan based on the outcome</p> <p>iii. analyse and evaluate performance.</p>	<p>Outline of summative assessment task(s) including assessment criteria:</p> <p>Goal- Perform in your individual sport and write a reflection on your performance</p> <p>Role- A performer in a competition</p> <p>Audience- class</p> <p>Situation- A class competition is taking place</p> <p>Purpose- To gain an understanding of individual competition and reflection.</p> <p>Standards and criteria-</p> <p>You will be assessed against all strands of criterion C (Applying and performing) and criterion D (reflecting and improving performance)</p>	<p>Relationship between summative assessment task(s) and statement of inquiry:</p>
Approaches to learning (ATL)		
<p>Self-Management: Reflection Skills</p> <p>In order for students to effectively reflect upon their athletic performance, they will need to become physically literate and knowledgeable in the new skills and identify a range of strengths and weaknesses in their own performance in relation to the technical aspects. Students will explicitly be taught and practice this through a range of self and peer assessments to understand their own efficacy within a particular athletic discipline</p>		